

**SIERRA
DELTA
LEAGUE**

**CONSTITUTION
AND
BYLAWS**

2014-2015

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CONSTITUTION

ARTICLE 1 ORGANIZATION

- Section 1.0** This organization shall be known as the Sierra Delta League Board of Managers, a member of the California Interscholastic Federation, Sac-Joaquin Section.
- 1.1** The purpose of this organization shall be:
- 1.1.1** The Board of managers will be responsible for assuring that the activities of the Sierra Delta League in regards to interscholastic athletics follow the bylaws of the CIF Sac-Joaquin Section.
 - 1.1.2** The Board of managers will be responsible for developing and interpreting the League Constitution and its bylaws.
 - 1.1.3** The Sierra Delta league recognizes that interscholastic athletics is an important part of the high school experience and will do everything in its power to emphasize academics and encourage that all athletics are conducted with the highest standards of sportsmanship.

ARTICLE II THE BOARD OF MANAGERS JURISDICTION

- Section 2.0** Each school in the league shall be represented by its Principal, or a faculty member appointed by the Principal, and appointed by the local school board. The representative shall attend the League meetings and any special meetings called by the League President at the expense of the school represented.
- 2.0.1** Each member school shall be entitled to one vote.
 - 2.0.2** A school joining the League shall be entitled to vote on those items which will affect the new school when it becomes an active member.
- 2.1** The Sierra Delta League shall exercise the following powers:
- 2.1.1** Make all the rules and regulations governing the eligibility of athletes providing that these rules do not conflict with the rules and regulations of the CIF Sac-Joaquin Section.
 - 2.1.2** Make all the rules and regulations regarding the conduct of business of the Sierra Delta League Board of Managers.
 - 2.1.3** Make changes in or amendments to the Constitution and Bylaws of the Sierra Delta League.

ARTICLE III

MEETINGS

- Section 3.0** There shall be at least five regular meetings annually. These meetings will occur in September, October, January, April and May. The agenda for each meeting shall be in the office of the Principal of each school at least four days prior to the scheduled meeting.
- 3.1** Special meetings may be called at any time by the President with the consent of the majority of the schools. Each school must receive notification of the special meeting in writing. The notification must occur one week prior to the meeting and must include the agenda to be considered at the meeting. Emergency meetings may be called by the President.
- 3.1.1** The President may conduct a phone vote if necessary.
- 3.2** All League meetings are subject to the notice and hearing requirements of the Ralph M. Brown Act (Chapter 9, Division 2, Title 5 of the Government Code). (See Sec. 45 Appendix of the State CIF Constitution and Bylaws for a summary of these requirements.) This includes the posting of agendas for the Board of Managers Meetings 72 hours prior to the meeting. All Board of Managers agendas will be posted at the office of the Commissioner: 5060 sailor Creek Road, Garden Valley, CA 95633. In addition agendas will be posted at each member school during the times that schools are accessible to the public.
- 3.3** The public will be allowed to address the Board of Managers during the **Public Communications** portion of the meeting for a period of time not to exceed five consecutive minutes per individual and a cumulative total of 25 minutes per topic. They may address the Board of Managers on any topic. The public will be allowed to speak for one consecutive minute per individual and a cumulative total of five minutes per agenda item when it is introduced. The league president has complete discretion over allowing the public to address the Board for longer periods during the Board of Managers Meetings.
- 3.4** Closed sessions of the Board of Managers are subject to the provisions of the Ralph M. Brown Act. The members of the Board of Managers and the League Commissioner will be allowed to remain in closed session. **Any other individual(s) whose presence is required for the purpose of the closed session will be identified on the agenda.**
- 3.5** There will be an administrative fee of \$.50 per page on all documents requested by the public.
- 3.6** The conduct of the meetings of the Sierra Delta League shall be governed by Roberts' Rules of Order.

ARTICLE IV
OFFICERS

Section 4.0 Officers

4.0.1 The officers of the Sierra Delta League shall be the President, Vice President and the Commissioner. The office of President and Vice President shall be filled by an Administrator for a term of two years. The Commissioner shall be appointed by the Board of Managers for a two year term and be paid an amount determined by the Board of Managers. The Commissioner will be reimbursed for expenses necessary to conduct league business.

4.0.1.1 In the event the office of President or Vice President is vacated an election to fill the vacancy shall be held at a subsequent scheduled Board of Managers meeting.

4.1 The duties of the President shall be:

4.1.1 Preside over all meetings of the Board of Managers

4.1.2 Make necessary appointments with the approval of the Board of Managers.

4.2 The duties of the Vice President shall be:

4.2.1 Preside over meetings of the Board of Managers in the absence of the President.

4.2.2 Serve as a member of all special committees appointed by the President.

4.2.3 Assume the office of the President after the second year.

4.3 The duties of the Commissioner shall be:

4.3.1 To record and distribute league meeting agendas and minutes.

4.3.2 To be responsible for the budgetary operations of the League.

4.3.3 Make all authorized payments that fall within the approved budget.

4.3.4 To present a financial report at each League meeting.

4.3.5 To preside over the meetings of the Athletic Directors.

4.3.6 Work with the Athletic Directors to draw up the League schedules to be presented to the Board of Managers for approval.

4.3.7 Be responsible along with the President and Vice President for the interpretation of the League Constitution and Bylaws.

4.3.8 Keep the Constitution and Bylaws updated and distributed to League members.

4.3.9 Present at the May meeting an itemized account of the expenditures necessary to conduct the business of the League.

4.3.10 Attend with the President all CIF Sac-Joaquin meetings.

4.3.11 Arrange for awards authorized by the League.

4.3.12 See that all protests and appeals within the League are properly investigated and ruled upon.

- 4.4** Election of Officers:
 - 4.4.1** A President and Vice President from different schools shall be elected at the May meeting of each even numbered year.
- 4.5** CIF Sac-Joaquin Representation:
 - 4.5.1** The President shall be the representative of the League to the Board of Managers of the CIF Sac-Joaquin Section. The League may opt to have a representative other than the President. The representative shall be appointed at the last meeting of the school year. His/her responsibilities are:
 - 4.5.1.1** See that the CIF Sac-Joaquin and CIF State Rules and Regulations are understood and enforced by the schools of the League. NOTE: This does not relieve the Principal of the responsibility for acts by himself/herself or his/her school due to lack of knowledge of CIF Sac-Joaquin and CIF State Rules and Regulations.
 - 4.5.1.2** Act as final arbitrator within the League for all protests.
 - 4.5.1.3** Attend all meetings of the CIF Sac-Joaquin Board of Managers.
 - 4.5.1.4** Give notice to the CIF Sac-Joaquin Commissioner as to whether the League will enter into playoff games in any sport.
- 4.6** Athletic Directors
 - 4.6.1** The Athletic Directors shall meet once during the two weeks preceding the scheduled Board of Managers meetings.
 - 4.6.2** The charge of this group is to review all items presented by individuals, sports committees, Section and State and to develop a stand on each item to be presented to the League Board of Managers for final approval.
 - 4.6.3** See Bylaws Section Article IV- Organizational Plan for flow plan for League meetings.
- 4.7** Standing Sports Committees
 - 4.7.1** There shall be a standing committee formed for each recognized League sport. The committee shall consist of all coaches in a sport and shall be chaired by a coach elected by the coaches of that sport. An Administrator appointed by the President with the approval of the Board of Managers (generally an administrator of the school chairperson) shall be present at all committee meetings as an ex-officio member.
- 4.8** Intra-League Council (Not in use at present time.)
 - 4.8.1** See Article XXXXII Intra-League Council for Bylaws governing this organization.

ARTICLE V
AMENDMENTS

Section 5.0 The Constitution may be amended by a two-thirds vote of the member schools of the League. The Commissioner shall send copies of the proposed amendment(s) to all member schools not less than ten days prior to the regular or special meeting at which the proposed amendment will be considered. Member schools wishing to propose an amendment shall furnish the Commissioner with a copy of the amendment in time for proper transmittal of the proposal to member schools.

5.0.1 **The proposed amendment shall be presented for a first reading at a League Board of Managers Meeting and will be voted on at a second and subsequent League Board of Managers Meeting.**

5.0.2 **The Commissioner will provide each member school with an updated version of the Constitution after an amendment has been approved.**

BYLAWS

ARTICLE I **DUTIES OF THE PRINCIPAL**

- Section 100** The Principal of each school shall be held responsible for the enforcement of the Sierra Delta League Board of Managers regulations.
- 101** Knowledge of information or League action of any kind incorporated in the League minutes is the responsibility of each Principal.

ARTICLE II **ELIGIBILITY**

- Section 200** In order to compete in interscholastic athletics in the Sierra Delta League a student must be eligible in every respect according to CIF Sac-Joaquin regulations as well as individual school eligibility rules with the following additions:
- 200.1** Any violations of CIF Sac-Joaquin Section regulations brought to the attention of the school's Principal shall be acted upon in the following manner:
- 200.1.1** Notify League President.
 - 200.1.2** Declare the athlete and/or member team ineligible.
 - 200.1.3** Forfeit all contests in which the athlete participated.
- 200.2** Before a member school appeals to the CIF Sac-Joaquin Board of Managers the League Board of Managers shall render a decision as to the League support or non-support of the appeal.

ARTICLE III
OFFICIALS FOR ATHLETIC CONTESTS

- Section 300** In any sport if a team wishes to have an extra certified official it may do so at its own expense. The official shall be a member in good standing of the Northern California Officials Association.
- 301 Football:** In normal situations there shall be a minimum of five assigned officials for Varsity and **Junior Varsity** football games and two for Freshman football games. If less than five officials show for a Varsity or **Junior Varsity** the game will be played with a reduced number of officials. There shall be no less than three officials for a Varsity or **Junior Varsity** game and no less than **two** for a Freshman game.
- 301.1 Each home school has the discretion to assign four officials to Varsity and Junior Varsity games. Should the home school decide to assign four officials they must notify the Principal of the visiting school one week prior to the contest. (Add?)**
- 302 Basketball:** Two officials shall be used for Varsity, Junior Varsity, and Freshman basketball games. If only one official shows the game will be played.
- 302.1 Freshman Basketball: Home schools are given the option as to what officials are to be used. (Eliminate?)**
- 303 Volleyball:** Two officials shall be used for all League volleyball games. If only one official shows the game will be played.
- 304 Baseball and Softball:** Two officials shall be used for Varsity baseball and softball games. A minimum of one official for **Junior Varsity** and Freshman games will be used. If only two officials show they will be split up and work the Varsity and **Junior Varsity** games on a single basis.
- 305 Track and Field:** Two starters should be used for the League Qualifying Meet.
- 306 Soccer:** Two officials shall be used for Varsity and **Junior Varsity** soccer games. If only one official shows the match will be played.
- 307 Swimming: One official shall be used for dual meets and the League Qualifying Meet. (Eliminate?)**
- 308 Wrestling:** One official shall be used for dual meets.
- 309 Schools shall wait for a minimum of twenty minutes for a no show official before reducing the number of officials. (Change?)**
- 310** Officials for all athletic contests shall be members of the Northern California Officials Association and assigned by the Corporation responsible for the assignments of officials.
- 311** The pay of the officials shall be the same as the Northern California Officials Association schedule of pay adopted by the Sac-Joaquin Section Board of Managers.
- 312** If "Rating Sheets are to be used they will be furnished by the NCOA.

ARTICLE IV
ORGANIZATIONAL PLAN FOR LEAGUE MEETINGS

Section 400 Meetings

- 400.1** August: Fall Gathering. All sports are to meet under the following conditions:
- 400.1.1** **The Commissioner will develop a list of materials to be covered by each sport.**
 - 400.1.2** **There must be a majority of the coaches present to conduct business.**
 - 400.1.3** **If not a majority then another meeting must be called before the start of the season.**
 - 400.1.4** **The material must be covered at the “Fall Gathering” and returned to the Commissioner or another meeting must be held. This does not preclude the Committee from calling another meeting. (Eliminate?)**
- 400.2** September: Board of Managers
- 400.2.1** Review the Fall Gathering
 - 400.2.2** Adopt budget and set dues.
 - 400.2.3** **Review fall and winter sports offerings. (Add?)**
- 400.3** October: Board of Managers
- 400.3.1** Review items introduced by individuals, sports committees, League, Section and State regarding Bylaw and Constitutional changes. Develop League position and first reading.
- 400.4** November: None
- 400.5** December: None
- 400.6** January: Board of Managers
- 400.6.1** Finalize League position on items introduced at the October meeting.
 - 400.6.2** **Introduce League schedules for following years.**
 - 400.6.3** **Review winter and spring sports offerings.**
- 400.7** February: None
- 400.8** March: None
- 400.9** April: Board of Managers
- 400.9.1** Final approval of all major Bylaw and Constitutional changes.
 - 400.9.2** **Final approval for League schedules for following year.**
 - 400.9.3** **Review spring sports offerings.**
 - 400.9.4** **Present preliminary budget for following year.**
 - 400.9.5** Sport Bylaw changes can be introduced at one meeting for a first reading and voted on at the next meeting. The implementation of the new Bylaw would be at the discretion of the Board of Managers.
- 400.10** May: Awards Luncheon honoring A. Dale Lacky and Model Coach Nominees.
- 400.10.1** Put finishing touches on all unfinished business.
- 400.11** The above plan will allow for thorough discussion at the school, league and section levels before changes will be put in place.

ARTICLE V
FINANCIAL POLICIES

- Section 500** Dues
- 500.1** Dues shall be set at the fall meeting. Dues will be set after the expenditures have been determined. This will be offset by the carry over from the previous year plus playoff money. The difference shall then be divided by the number of schools in the League to determine the years' assessment.
- 501** Athletic Gates
- 501.1** The home school shall keep gate receipts and shall bear all home expenses.
- 501.2** The home school shall determine how they shall assess Boosters, parents, and home school ASB card holders.
- 501.3** Tickets may not be sold to adults for games away from home. Student Body tickets shall be recognized.
- 502** Tournaments and Qualifying Meets
- 502.1** SDL schools hosting Tournaments or League Qualifying meets shall submit a budget well in advance of the athletic contest.(Expenditures shall not exceed the expenditures allowed in similar Section Tournaments or Qualifying Meets.)
- 502.2** Entry fees shall be charged for meets and tournaments and the host school shall give an accounting to the League President.
- 502.3** The general policy is that the host school of a League sponsored Tournament shall be reimbursed for all extra-ordinary expenses. The Board of Managers shall be responsible for making the decision as to what expenses shall be paid from League funds.
- 502.4** In the event of a deficit from a League sponsored Tournament it shall be at the discretion of the Board of Managers to determine the proper assessment of the schools involved or whether the League shall bear the expense.
- 503** Distribution of Playoff Monies
- 503.1** 40% to the League
- 503.2** 60% to the participating schools
- 503.2.1** All monies from sports which produce a return to the League (Football and Basketball) shall be prorated back to the participating schools. The amount that each school shall receive shall be determined by the number of contests participated in divided into 60% of the amount returned to the League for that sport.
- 504** Administrative Fees Charged to Outside Schools
- 504.1** The fee shall be in the amount of \$250 per sport.
- 505** Insurance
- 505.1** The League shall carry general liability insurance as an endorsement on the Section's general liability policy. (At present the League is covered under the Section policy.)
- 505.2** This insurance will cover all League sponsored tournaments and qualifying meets, ie: Cross Country, Wrestling, Swimming and Track and Field.
- 506** **The League has a FAX machine and it is assigned to the Commissioner. Eliminate**

- 507** Financial Policies
- 507.1** Financial policies shall follow the guidelines set forth by the State and Section.
- 507.2** The League will use a single signature check writing system. The single signature shall be that of the Commissioner.
- 507.3** The Commissioner shall be authorized to pay all expenditures that fall into the guidelines of the adopted budget.
- 508** Audit Committee
- 508.1** There shall be an audit of the past years books at the September meeting.
- 509** Commissioner Mileage
- 509.1** Mileage accrued on League business shall be reimbursed at \$.505 per mile.
- 510** State Athletic Director Conference
- 510.1** League shall pay for the registration fee for the Commissioner. The Commissioner is to share information gathered at the conference with member schools.
- 511** At the start of each realignment cycle the following practices shall be used in preparing the budget for the first year of the cycle:
- 511.1** Carry over a reserve balance of \$500.
- 511.2** Consolidate all of the remaining accounts and place any surplus money into a pool along with the League's 40% from playoff monies and any monies generated from outside schools. Divide the total amount by the number of schools in the League to determine each school's share. Give each school leaving the League their share and credit each school remaining in the League with its share.
- 511.3** Give each school 60% of the playoff monies they generated.
- 511.4** New budget would be developed and divided by the number of schools in the League to determine each school's share. Remaining schools would then apply their end of year share towards their dues for the new year. New schools would be assessed the full share for the new year. Schools leaving would carry their share to whatever new League they will be affiliated with.

ARTICLE VI
ADMISSION PRICES

- Section 600** Procedure
600.1 Admission prices shall be reviewed and adopted by the Board of Managers annually at the May meeting.
601 Adopted Admission Prices

SPORT	ADULTS	VISITING ASB CARD AND SENIOR CITIZENS
Football	\$6.00	\$4.00
Football (Frosh)	\$4.00	\$2.00
Basketball Boy's**	\$5.00	\$3.00
Basketball Girl's**	\$5.00	\$3.00
**Includes Triple Headers		
Basketball (Frosh)	\$3.00	\$2.00
Soccer Boy's and Girl's	\$5.00	\$3.00
Volleyball	\$5.00	\$3.00
Wrestling	\$5.00	\$3.00

The League Wrestling Tournament shall be the same as charged at the Section Team Wrestling Tournament.

The League Track Meet shall be the same as the League Wrestling Tournament.

- 602** Charging of children under high school age is optional with each school.
603 Cheerleaders in uniform and advisors with a league pass are admitted free.
604 By mutual agreement of the Principals of the two schools involved band members in uniform or members so designated by their director are admitted free.
605 Students riding the Rooter's Bus to away games shall be charged \$2.00 for football and \$1.00 for all other sports. The money is to be collected at their home school for game entry and can be paid either in cash or by check. This fee shall be presented to the ticket booth upon arrival of the rooters. This shall only apply to the students riding the Rooters Bus.
606 The home school shall determine how they shall assess Boosters, Parents and their ASB card holders.

ARTICLE VII

- Section 700** Each school shall be issued 25 League Passes. Each school shall determine the manner in which passes shall be distributed.

ARTICLE VIII
SEASON OF SPORT AND STARTING DATES

- Section 800** The basic sports season in the Sierra Delta league shall be:
800.1 Fall: August through November
800.2 Winter: November through February
800.3 Spring: February through June
- 801** The following sports shall be conducted during the following seasons:
801.1 Fall: Cross Country, Football, Boy's Soccer and Volleyball
801.2 Winter: Basketball and Wrestling
801.3 Spring; Baseball, Girl's Soccer, Golf, Softball, Swimming, Team Tennis and Track and Field.
- 802** The following dates are specified for starting practice:
802.1 Fall: August 11th
802.2 Winter: November 10th
802.3 Fall: February 9th

NOTE: See Sac-Joaquin Section Bylaws Section 511 for further information.

ARTICLE IX
SCHEDULES

- Section 900** A master schedule for the succeeding two years shall be adopted at the January meeting of each even numbered year. In those sports that are adding or dropping teams their schedules will be under review at the April meeting.
- 901** The Commissioner with input from the Athletic Directors shall develop all schedules.
- 902** All League selection meeting dates shall be built into the schedule. These dates are not to interfere with Section playoff dates.
- 903** Date of the Fall Gathering shall be built into all schedules.
- 904** Schedules in Football and Boy's Basketball shall be adopted by the Board of Managers and shall be the basis upon which other schedules are developed.
- 904.1** All schedules shall be adopted for a two year period.
- 904.2** Home sites shall be reversed each year.
- 904.3** At the end of the two year cycle in football the schedule shall be rotated. The bottom slate of games will move to the top and all other games will move down one week.
- 904.4** At the end of the two year cycle in Boy's Basketball the schedule shall be reworked so that schools with three home/three away games shall be rotated.
- 904.5** All sports following the double round robin format shall whenever possible follow the Boy's Basketball schedule. These schedules shall reflect the home/away setup for fall, winter and spring.
- 904.6** All sports following the single round robin format shall whenever possible follow the football schedule.
- 905** Team Tennis shall follow the Softball schedule.
- 906** Schedules shall be adopted on the following basis:
- | | |
|--|---|
| 906.1 Baseball | Double Round Robin |
| 906.2 Basketball (Boy's and Girl's) | Double Round Robin |
| 906.3 Basketball (Frosh) | Double Round Robin |
| 906.4 Cross Country | Two Center Meets and League Meet |
| 906.5 Football | Single Round Robin |
| 906.6 Football (Frosh) | Determined by # of Teams |
| 906.7 Golf | Double Round Robin and Two League Tournaments |
| 906.8 Soccer (Boy's and Girl's) | Double Round Robin |
| 906.9 Softball | Double Round Robin |
| 906.10 Swimming | Determined by # of Teams |
| 906.11 Team Tennis | Double Round Robin and League Singles and Doubles |
| 906.12 Track and Field | Four Meets and League Tournament |
| 906.13 Volleyball | Double Round Robin |
| 906.14 Wrestling | Single Round Robin and League Tournament |

- 907** All games shall be played as scheduled unless competing schools mutually agree to a change. All official communications shall be made through the Principal or his/her designee. The following shall be considered by both schools involved in deciding postponements.
- 907.1** Transportation
 - 907.2** school events involving the number of players on the team which could lead to a forfeit.
 - 907.3** Availability of officials
 - 907.4** Availability and safe use of facilities
 - 907.5** Unavoidable or uncontrollable events affecting above factors.
 - 907.6** The Commissioner shall arbitrate in the case where mutual agreement between the schools cannot be reached.
 - 907.7** **Failure to play a league event for any other reason than stated above may result in a forfeit, and/or ineligibility for playoffs.**
 - 907.7.1** **Ineligibility for playoffs if warranted shall be approved by the Board of Managers.**
 - 907.7.2** **Should a forfeit occur and the result of the forfeit creates an advantage for playoff consideration for the team benefitting from the forfeit, the forfeit shall not be considered a win for the team that benefits.**
- 908** Makeup of League games
- 908.1** All postponed games shall be rescheduled on the next available date (including Saturday) by mutual agreement of the two Principals involved or their designee. See Bylaw 907 for conditions that shall be considered in deciding makeup dates.
 - 908.2** All games must be completed prior to the last scheduled League game for that sport or the final reporting date to the Section whichever comes first.
- 909** Makeup of interrupted games
- 909.1** Football: The game may be terminated at the point of interruption. If this is not agreeable then:
 - 909.1.1** Friday games shall be played the next day (Saturday).
 - 909.1.2** Saturday games shall be played the following Monday or at a time mutually agreed upon by the schools involved.
 - 909.1.3** The game shall be picked up from the point of interruption.
 - 909.2** All other sports: Interrupted games shall be resumed according to the rule book for said sport.
- 910** Order of games/Matches
- 910.1** Junior Varsity games/matches shall be contested first with the Varsity following. An exception to this rule will be soccer where the Varsity match can be contested first.
- 911** Schools that have announced they would not be fielding teams and then decide to come back will be placed into the schedule whenever feasible.

ARTICLE X
DATES OF PLAY AND STARTING TIMES

Section 1000 Sports in the Sierra Delta League shall be played on the following days and times: (Note: Days of play may vary as long as triple headers are being played but will follow this format as closely as possible.)

<u>SPORT</u>	<u>DAYS OF PLAY</u>	<u>STARTING TIMES</u>
Baseball	Mon/Wed/Fri	3:30 prior to DST and 4:00 after
Basketball Boy's	Tues/Thurs	Midweek: DH 5:30/7:00 TH 4:00/5:30/7:00 QH 3:00/4:30/6:00/7:30 Friday: DH 6:00/7:30 TH 5:00/6:30/8:00 QH 3:30/5:00/6:30/8:00
Basketball Girl's	Tues/Thurs	Same as Boy's Basketball
Cross Country	Wednesday	4:00
Football Varsity & Junior Varsity	Thurs/Fri/Sat depending on availability of field	Thurs 5:30/7:00 Fri 5:30/7:00 Saturday TBD mutually
Football (Frosh)	Thursday	6:00 or mutual agreement
Golf	Tuesday/Thursday	Time will vary depending on local restrictions
Soccer (Boy's)	Mon/Wed/Fri	4:00 first half of season 3:30 second 2/3 of season 3:00 last third of season
Soccer (Girl's)	Mon/Wed/Fri	3:00 first two weeks if no JV 3:30 3:30 to start of DST 4:00 after DST
NOTE: If night soccer is played 5:00 JV and 6:30 Varsity		
Softball	Tuesday/Thursday	3:30 prior to DST 4:00 after DST
Swimming	Monday/Thursday League Meet Fri/Sat	3:30 TBD
Team Tennis	Tuesday/Thursday (travel with Softball)	3:00 prior to DST 3:30 after DST

SPORT	DAYS OF PLAY	STARTING TIMES
Track and Field	Wednesday	3:30
Volleyball	Tuesday/Thursday	4:30 if Double Header 4:00 if Triple Header
Wrestling	Wednesday whenever possible, otherwise next closest day to fit open gym	5:00 Weigh-in 6:00 matches

1001 All games shall be played as scheduled unless competing schools mutually agree to a change. All official communications shall be made through the Principal or his/her designee.

1002 All postponed games shall be rescheduled by mutual agreement of the two Principals involved or their designee. All games must be completed prior to the last scheduled game for that sport or the final reporting date to the Section whichever comes first. (See Bylaws **907** and **908** for considerations in rescheduling games.)

ARTICLE XI
LEAGUE SPORTS AND CHAMPIONS

- Section 1100** League divisions shall be Varsity, Junior Varsity and Freshman.
- 1100.1 Decisions on Canceling a Particular level of a Sport**
- 1100.1** Golden Empire League teams shall field a Varsity program first for each sport. Junior Varsity and Freshman levels will be fielded according to available athletes.
- 1100.2** The decision to cancel a Varsity team is that of the school involved and this decision shall be accepted by each member school.
- 1100.3** Should it become necessary to cancel a Varsity level sport, the school that decides to cancel a Varsity sport shall notify the Principals of the member schools and the Commissioner.
- 1100.4** The Commissioner shall convene a meeting if necessary that will include the Principal of each school to discuss alternatives to canceling the Varsity season.
- 1100.5** Should it become necessary to cancel a Junior Varsity of Freshman sport, the school that decides to cancel that level shall notify the Principals and Athletic Directors of each member school and the Commissioner.
- 1101** League competition shall be at the following levels:
- | | | |
|----------------|----------------------------------|--------------------------------|
| 1101.1 | Baseball: | Varsity, Junior Varsity |
| 1101.2 | Basketball (Boy's) | Varsity, Junior Varsity, Frosh |
| 1101.3 | Basketball (Girl's) | Varsity, Junior Varsity, Frosh |
| 1101.4 | Cross Country (Boy's and Girl's) | Varsity, Junior Varsity |
| 1101.5 | Football | Varsity, Junior Varsity, Frosh |
| 1101.6 | Golf (Boy's and Girl's) | Varsity, Junior Varsity |
| 1101.7 | Soccer(Boy's and Girl's) | Varsity, Junior Varsity |
| 1101.8 | Softball | Varsity, Junior Varsity |
| 1101.9 | Swimming (Boy's and Girl's) | Varsity, Junior Varsity |
| 1101.10 | Tennis Team | Varsity |
| 1101.11 | Track & Field (Boy's and Girl's) | Varsity and Junior Varsity |
| 1101.12 | Volleyball (Girl's) | Varsity, Junior Varsity, Frosh |
| 1101.13 | Wrestling | Varsity and Junior Varsity |
- 1102** In order to be recognized as a league sport fifty per cent of the schools in the League must participate. The rule book definition of a particular sport determines a team.
- 1103** League champions will be determined by dual meet standings with the following exceptions:
- 1103.1** Cross Country

- 1103.1.1** Combination Center Meet(s) and League Meet. One point for each team defeated in Center Meet(s) and two points for each team defeated in the League Tournament. The league Champion will be the team with the most points. In case of a tie there will be co-champions.
- 1103.2** Golf
- 1103.2.1** Combination dual meets and League Tournaments. One point for each League match victory and points awarded by order of finish in the League Tournaments. (If six teams the first place team would receive six points, the second place team five, etc.) In the case of a tie the points will be split. The League Champion will be the team with the most points. In case of a tie there will be co-champions.
- 1103.3** Swimming
- 1103.3.1** Combination of dual meet season (two points for each win and one point for a tie) and League meet points based on order of finish (one point for each team finishing ahead of in League Meet.
- 1103.4** Track and Field
- 1103.4.1** Combination of Dual Meet season (two points for each win and one point for a tie) and League Meet points based on order of finish (one point for each team finishing ahead of in League Meet.
- 1103.4.2** **Combination of Center Meet season (one point for each team finishing ahead of in Center Meet) and League Meet based on order of finish (one point for each team finishing ahead of in League Meet).**
- 1103.5** Wrestling
- 1103.5.1** Combination of Dual Meet season and League Tournament. One point shall be given for first place, two for second place, etc. Points shall be split in the event of a tie. One point shall be given for first place in the League Tournament, two for second, etc. Points shall be split in the event of a tie. The team with the lowest # of points shall be League champion. In the case of a tie the winner of the dual meet between the two teams will be the League Champion. If the dual meet was a tie a co-championship shall be rewarded.
- 1103.5.2** In wrestling a JV Tournament will be held in conjunction with the Varsity Tournament to determine league Champion.

- 1103.6 Soccer**
 - 1103.6.1** League standings shall be determined by a points system:
 - 2 points for a win
 - 1 point for a tie
 - 0 points for a lossThe League champion shall be the team with most points.
- 1104 Sierra Delta League Tournaments**
 - 1104.1** Cross Country: Partially determines League Champion, qualifiers to Section Meet and All League Team.
 - 1104.2** Golf: Two eighteen hole tournaments. Partially determines League Champion, qualifiers to Section Tournaments and All League Team.
 - 1104.3** Swimming: Partially determines League Champion. Qualifiers to Section Meet are determined by times. Determines All League Team.
 - 1104.4** Tennis: Singles and doubles tournaments are on separate days. Each school will send four singles players, two boys and two girls, to compete in the League Singles Championship. The first and second place finishers will qualify for the Section Championship. Upon completion of the singles tournament the League will hold a doubles tournament the following day. Players who do not qualify in singles will be allowed to participate in doubles.
 - 1104.5** Track and Field: Partially determines League Champion, qualifiers to Section Meets and members of All League Team.
 - 1104.6** Wrestling: Partially determines league Champion, qualifiers to Section Tournaments and All League Team.

ARTICLE XII
STANDINGS AND TIE BREAKING

- Section 1200** Representation to Post Season Tournaments
1200.1 League representation in post season tournaments shall follow Section guidelines.
- 1201** Violation of Contact Limits
1201.1 Any school violating the season limitations on games shall forfeit its League standing. All other schools shall move up one place.
- 1202** Tie Breaking Methods to Determine League Representation to Payoffs
1201.1 Football
1202.1.1 **All varsity games (non-league, league and playoffs) ending in a tie will be played off using the 10 yard tie breaker procedure as specified in the National Federation Football Rules Book.**
1202.1.2 **If two teams tie with the same League record the winner in head-to-head competition will be the #1 seed in Section Playoffs.**
1202.1.3 **If three or more teams tie with the same League record the Universal Tie-Breaker System for Football will be used to determine seeding in Section Playoffs. See CIF Sac-Joaquin Bylaw 1907.11.**
- 1202.2** Soccer
1202.2.1 Seeding for the playoffs shall be determined by League play only. The criteria will be as follows:
1202.2.1.1 Head-to head competition
1202.2.1.2 Head-to-head goal differential
1202.2.1.3 Coin flip will be conducted by the League Commissioner
1202.2.2 In the case of deciding the playoff representatives that would involve the elimination of one or more of the teams tied in League standings the criteria will be as follows:
1202.2.2.1 **Head to Head Competition**
1202.2.2.2 **Playoff game played at the home field of the first league game between the two schools. (See 1203)**
- 1202.3** Basketball
1202.3.1 Seeding for the playoffs shall be determined by League play only. The criteria will be as follows:
1202.3.1.1 **Head to head competition.**
1202.3.1.2 **Differential in scores in head to head competition**
1202.3.1.3 **Coin flip will be conducted by the Commissioner**
1202.3.2 **In the case of deciding the playoff representative that would involve the elimination of one or more teams tied in League standings the criteria will be as follows:**

- 1202.3.2.1 Head to head competition
 - 1202.3.2.2 Playoff game played at the home court of the first league game between the two schools
 - 1202.3.2.3 If three or more teams are tied for the final playoff spot the following shall be used to break the tie:
 - 1202.3.2.3.1 Win/Loss record against teams above the tie
 - 1202.3.2.3.2 Overall record against common opponent.
 - 1202.3.2.3.3 The Commissioner shall conduct a coin flip to determine which two teams will have a playoff game.
- 1202.4 Baseball and Softball
 - 1202.4.1 Seeding for the playoffs shall be determined by League play only. The criteria will be as follows:
 - 1202.4.1.1 Head to Head Competition.
 - 1202.4.1.2 Runs allowed in League contests between the teams involved.
 - 1202.4.1.3 Coin flip will be conducted by the League Commissioner.
 - 1202.4.2 In the case of deciding the playoff representatives that would involve the elimination of one or more of the teams tied in League standings the criteria will be as follows:
 - 1202.4.2.1 Head to Head Competition
 - 1202.4.2.2 Playoff game played at the home field of the first League game between the two schools. (See 1203)
- 1202.5 Team Tennis
 - 1202.5.1 Overall team sores between the two teams
 - 1202.5.2 Sets lost by the two teams
 - 1202.5.3 Coin Toss
- 1202.6 Wrestling
 - 1202.6.1 Head-to-head competition
 - 1202.6.2 The # of points scored in the dual meets against the other two tying teams will be added to determine the top two teams.
 - 1202.6.3 When the top two teams are determined the winner of the dual meet will be seeded #1 and the loser #2.
 - 1202.6.4 Coin toss.
- 1202.7 If representation cannot be determined by the criteria listed above then representation shall be determined by a coin flip.
 - 1202.7.1 All coin flips are to be coordinated by the League Commissioner at a time and place which is mutually agreed upon by the schools involved.

1203 Ties That May Result in a Team Being Eliminated From Playoffs

1203.1 If all tie breaking methods fall short and a team stands to be eliminated from the playoffs by a coin flip then the following shall be used:

1203.1.1 Play off game

1203.1.2 Game to be played at the site of the first scheduled League game between the two teams.

1203.1.3 Home team will pay for costs of game (officials, balls, marking of field, etc). Visiting team will pay for their travel.

1203.1.4 All games shall be scheduled by mutual agreement of the two Principals involved or his/her designee. All games must be played prior to the final reporting date to the Section.

ARTICLE XIII
AWARDS

- Section 1301** First place pennant/banner in each Varsity sport shall be awarded by the League to the first place team. In case of a tie duplicate banners will be awarded.
- 1302** All League Varsity patches shall be awarded and paid for by the League. The patch shall be a 4” patch. In addition to the patch a certificate shall be awarded.
- 1303** Most Valuable Player(s) and Coach(s) of the Year recognition shall be given by the League. The recognition shall in the form of a patch and certificate for MVP and a certificate for Coach of the Year.
- 1304** Certificates shall be awarded to those selected to the football second team and to all athletes given honorable mention recognition in all sports.
- 1305** ACADEMIC ALL LEAGUE: Certificates shall be awarded to those athletes who have attained the following level of achievement:
- 1305.1** The Athlete must be on a Varsity team.
- 1305.2** The Athlete must have been on the Varsity team all season.
- 1305.3** The Athlete must have attained a 3.50 GPA at the grading period closest to the last League game of the season.
- 1305.4** The Athlete does not have to be selected for any other honor (All League, Honorable Mention, or MVP).
- 1305.5** The certificate shall read All League Academic Team.
- 1306** The league Sports Committees may **recommend** criteria for All League selection. Final approval shall be made by the Board of Managers.
- 1307** All pennants/banners, patches, and certificates shall be paid by the League.
- 1308** No medals, ribbons, or individual trophies shall be awarded by the League without approval of the Board of Managers.
- 1308.1** **Wrestling coaches typically give a significant number of awards at the League Tournament such as plaques, medals and trophies. The League does not pay for these wards and will not reimburse the Tournament Director for award expenses.**
- 1309** Gold SDL Lifetime Passes or an appropriate gift shall be awarded to retirees.
- 1310** Awards Distribution:

<u>SPORT</u>	<u>LEVEL</u>	<u>PENNANT</u>	<u>MVP PATCHES**</u>	<u>ALL LEAGUE PATCHES**</u>
Baseball	Varsity	1	1	17
Basketball	Varsity Boy’s	1	1	11
Basketball	Varsity Girl’s	1	1	11
Cross Country	Varsity Boy’s	1	1	7
Cross Country	Varsity Girl’s	1	1	7
Football	Varsity	1	4	31
Golf	Varsity	1	1	7
Soccer	Varsity Boy’s	1	2	21
	Varsity Girl’s	1	2	21
Softball	Varsity	1	1	17

SPORT	LEVEL	PENNANT	MVP PATCHES**	ALL LEAGUE PATCHES**
Swimming	Varsity Boy's	1	1	20 max
	Varsity Girl's	1	1	20 max
Team Tennis	Varsity Boy's	1	1	7
	Varsity Girl's	1	1	7
Track and Field	Varsity Boy's	1	1	22 max
	Varsity Girl's	1	1	22 max
Volleyball	Varsity	1	1	11
Wrestling	Varsity	1	3	11

** Could vary depending on co-recipients. No more than 2 MVP's as all ties must be broken.

1311 A. Dale Lacky Scholar Athletes

1311.1 Plaques shall be awarded to the League nominees to the Section.

1311.2 Certificates shall be awarded to all other nominees.

1312 Model Coach

1312.1 Plaques shall be awarded to the League nominees to the Section.

1312.2 Certificates shall be awarded to all other nominees.

1313 Commissioner's Award

1313.1 The Commissioner's Award shall be awarded to the school each year that has the highest point total based on the following criteria:

1313.1.1 7 points first place, 6 points second place, etc. for each Varsity sport.

1313.1.2 In case of a tie points will be split. (For example if a tie for first place occurs each school would receive 6.5 points.)

1313.1.3 If a school or schools do not field a team for a particular sport points will be awarded based on 6 points per sport. (For example if two schools do not field a team each of those schools would be awarded 1.5 points.)

1313.1.4 Points will be compiled and the recipient of the award shall be the school with the most points. If two schools tie for the most points there will be co-awards.

1313.1.5 The winning school(s) will be presented with a banner at the League Award's banquet in May.

ARTICLE XIV
ALL LEAGUE SELECTION

- Section 1400** Varsity Coaches and the Administrator (or his/her designee) for the sport in question shall meet for All League selection.
- 1401** All League players shall not be selected on the basis of final League standings. The number of All League players shall not be apportioned according to where a team finishes in the League.
- 1402** All League Selection Meeting
- 1402.1** All League selection meetings shall be held within seven (7) calendar days following the last scheduled League game/match. The date is not to conflict with post season playoff dates. Football shall meet within fourteen (14) calendar dates.
- 1402.2** The All League selection meeting shall be held at a site selected by the Chairperson.
- 1402.3** All League selection in tennis will be made by the Coaches at the end of the singles and doubles League Tournament.
- 1402.4** All Varsity Coaches shall attend the All League selection meeting. It is the head coaches' responsibility to be present to cast a ballot.
- 1402.4.2** **If a Head Coach cannot attend the meeting In the event of an emergency, an Athletic Director or Administrator will attend the meeting.**
- 1402.4.1** In the event no representative from an individual school is an attendance at the All League Meeting athletes from that school shall be considered for All League honors provided the coach from that school has nominated and submitted the names of the athletes from that school prior to the meeting.
- 1402.5** A Principal or his/her designee (other than the head coach) must be present at the All League Meeting. This individual is to see that the rules for All League selection for that sport are followed and that the correct number of selections is chosen.
- 1402.6** The selection portion of the meeting shall be open to Sierra Delta League school representatives only.
- 1402.7** Meeting dates are to be built in as a part of each sports schedule. This will be done to avoid conflicts.
- 1402.8** The Commissioner shall send out information packets (process, report forms, bylaw change request forms, meeting summary forms) to the sport chairperson and responsible administrator at least two weeks prior to the scheduled meeting date.
- 1402.9** The Commissioner is to contact the Athletic Director of each school at least one week prior to the meeting to remind them of the date, time and location.
- 1402.10** All League selection meetings shall not be held on Sunday.

1403 Methods of Selection

1403.1 Players shall be selected on a point basis for Baseball, Basketball, Football, Soccer, Softball, Tennis, and Volleyball. Points shall correspond with the number of All League slots or positions as in football.

1403.2 Nominations

1403.2.1 All League nominations from each school shall be sent to the Sport Chairperson during the week of the last League game/match.

1403.2.2 The Sport Chairperson shall prepare a ballot of nominees for the selection meeting.

1403.2.3 Sports with established numbers of nominees are:
Basketball, Boy's and Girl's 5
Soccer Boy's and Girl's 8

1403.3 Eligibility

1403.3.1 Coaches shall not nominate any athlete for All League consideration that is not in good standing at the time the selections are made. This holds true for all athletes being considered for All League regardless of method of selection.

1403.4 Voting

1403.4.1 Prior to the selection meeting the League Chairperson shall prepare a ballot listing the names of all nominees. If at all possible this ballot shall be provided to all schools prior to the scheduled meeting.

1403.4.2 The head coach or his/her designee of the sport shall vote. There will be a limit of one vote per school. It is the head coaches' responsibility to see that his/her school has someone in attendance to cast a ballot.

1403.4.2.1 In the event no representative from an individual school is in attendance at the All League meeting athletes from that school shall be considered for All League honors provided the coach from that school has nominated the names of the athletes from that school prior to the meeting.

1403.4.3 Ballots shall contain votes in the same number as positions being voted on. For example if there are 12 All League positions the top 12 vote receivers will be All League. There will be no abstentions.

1403.4.4 Players not nominated may not be voted for.

1403.4.5 Coaches or their representatives may not vote for their own players.

1403.4.6 If a school cannot have representation at the meeting they are to see to it that the Sport Chairperson has their votes prior to the meeting.

- 1403.4.7 Coaches have the right to eliminate his/her player(s) from the All League ballot prior to voting.
- 1403.4.8 Coaches have the right to eliminate his/her player(s) from the All League Ballot prior to the voting.
- 1403.4.9 The Commissioner shall reserve the right to ask for a revote should the Administrator in charge of the meeting and the Commissioner agree that an anomaly in the voting procedure has occurred. This revote shall take place under the direction and supervision of the Athletic Director of each League school within one week of the original vote. A revote will be certified by the Commissioner and League President or his/her designee and will be final.
- 1403.5 Selection by Position – Football
 - 1403.5.1 In addition to the above voting process football shall vote by position. Individual ballots shall be cast for each position.
- 1403.6 Points Based on Play – Golf
 - 1403.6.1 This shall be a combination of finishes in dual matches and League play.
 - 1403.6.2 Dual match point system of 12, 11, 10, 9, etc with points awarded each match based on medal play that day and points awarded at the SDL Tournament(s) based on the total number of players will be used to determine All League. These points are awarded on a descending basis.
 - 1403.6.3 After the medalist has been determined the next seven players in point standings which are determined by combining the dual match and tournament(s) points shall be named to the All League team. The Medalist shall be MVP.
 - 1403.6.4 With a six team League the best of 11 of 12 scores in dual match play shall be used towards an individuals' season total. With seven teams it will be 13 of 14.
- 1403.7 Individual Sports: Cross Country, Swimming, Track and Field, Wrestling
 - 1403.7.1 The first place finishers in the League meet or Tournament shall make up the All league team. In Cross Country All League shall be the first seven finishers excluding the MVP.
- 1403.8 Boys and Girls Basketball
 - 1403.3.1 **The number of nominees per team shall be limited by League finish by the following: 1st place receives 5 nominees, 2nd place receives 4 nominees, 3rd place receives 3 nominees, 4th and 5th each receive 2 nominees, 6th and 7th each receive 1 nominee. In the event of a tie both teams receive the same number of nominees for the place they finish. (i.e. if two teams tie for first place they both receive 5 nominees and the next place team would be a third place team and would receive 3 nominees.)**

1403.3.2 The MVP vote will take place after the all league ballots have been tabulated. The MVP can only be selected from among the top 3 all league selections.

1403.3.3 Any player nominated and not making the top 11 will receive Honorable Mention. Coaches may select up to a total of 2 honorable mention players from their team. These additional honorable mention nominees do not have to receive an all league vote or be nominated for all league in order to receive honorable mention.

1404 Number on All League Team

1404.1 All League teams shall be limited to the following numbers:

SPORT	MVP(S)	ALL LEAGUE
Baseball	1	17
Basketball, Boy's and Girl's	1	10
Cross Country, Boy's and Girl's	1	7
Football	4	31
Golf	1	7
Soccer, Boy's and Girl's	2	21
Softball	1	17
Swimming, Boy's and Girl's	1	20 max
Team Tennis, Boy's and Girl's	1	7
Track and Field, Boy's and Girl's	1	22 max
Volleyball	1	11
Wrestling	3	11

1404.2 MVP(s) shall be selected first. There can be co-MVP(s) (but no more than two) for all sports except Football and Wrestling. These will come from the list of nominees sent to the Chairperson. After their selection their names will be stricken from the list of nominees. The All League members will be selected as per the numbers listed from the remaining list of nominees.

1404.3 Anyone on the list of nominees who receives at least one vote and does not receive an All League election will receive Honorable Mention.

1404.4 The number of members on the All League team shall be determined on a pro-rated basis in proportion to the number of schools competing. In no case shall the numbers be less than the numbers needed to field a team. If a sport has 18 slots and there are eight schools in the League then that sport would have a total of 18. If there are seven schools the number would be reduced to 17. With six schools the number would be 16, etc.

1405 First and Second Teams

1405.1 Football shall be the only sport with a recognized first and second place team.

- 1405.1.1** The first team shall consist of the following:
- 15 offensive players
 - 15 defensive players
 - 1 special teams player

1405.1.2 The second team shall consist of the following:

15 offensive players

15 defensive players

1 special teams player

1405.1.2.1 Second team members will be those players who receive the second highest number of votes at each position. A certificate shall be awarded to those selected.

1406 Ties

1406.1 All sports shall arrive at the designated numbers for the All League teams. In the case of a tie the tie shall be broken by a vote of the coaches or their representatives. Coaches or their representatives shall not vote for their own players.

1407 Honorable Mention

1407.1 Players who receive at least one vote shall be placed on the Honorable mention list.

1408 Individual Honors

1408.1 There shall be a Most Valuable Player or Most Outstanding Player nominated in each sport.

1408.1.1 Football shall have a Most Valuable Player, a Most Outstanding Offensive Player, a Most Outstanding Defensive Player, and a Most Outstanding Lineman.

1408.1.2 Soccer (Boy's and Girl's) shall have a Most Valuable Offensive Player and a Most Valuable Defensive Player.

1408.1.3 Wrestling shall have a Most Valuable Lightweight Player, a most Valuable Middleweight Player, and a Most Valuable Heavyweight Player.

1408.2 There shall be a separate vote for the selection of all Most Valuable or Most Outstanding Players.

1408.2.1 Coaches or their representatives shall may vote for their own players.

1408.3 Basketball: The ballot will have a place to write in each school's choice of MVP. This can be from the school's team or from an opponent's team. The leader of nominations will be MVP. In case of a tie there shall be Co-MVP's. In case of a three way tie or more discussion will take place at the All League meeting. Coaches can vote for their own players.

1408.4 Co- Most Valuable or Outstanding Players shall be accepted. However, there shall be no more than two. If there are more than two there shall be a revote to reach the correct number. Those players eliminated will drop to the All League selection ballot.

1408.5 In Cross Country the MVP shall be the first place finisher in the League meet.

1408.6 In golf the MVP shall be the Medalist. (See Section 1403.6.3)

1408.7 In Track and Swimming there shall be nominations for both boys and girls at the League Meet at the end of the season. A separate vote will be taken for boys and girls. Coaches may not vote for their own athletes. In case of a tie there may be Co-MVPs.

1409 Coach of the Year

1409.1 There shall be a Coach of the Year nominated and voted upon in each sport.

1410 Announcement

1410.1 The next day following the selection of the All League teams the coach is to present the nominees to his/her Principal. On the next school day the League President and Commissioner shall receive confirmation from the Principals in a manner the President deems feasible. Schools are to wait for two school days after the meeting to release the All League team. If there are concerns the All League team is not to be released until these concerns are cleared by the Board of Managers.

1410.2 The League Chairperson shall notify the League President and the League Commissioner of the All League selections so that their names may be presented to the Board of Mangers for approval. This should be done immediately following the meeting.

ARTICLE XV
PROTESTS AND APPEALS

- Section 1500** Protests will be entertained in all sports.
- 1501** Protests will follow National Federation procedures.
- 1501.1** The following guidelines shall be followed in Baseball and Softball:
- 1501.1.1** Protests will be entertained for violation of rules 1-9 only.
- 1501.1.2** Protest must be submitted using the prescribed procedure as outlined in rule 10-2-3-I of the National Federation Baseball Rule Book.
- 1501.2** Protests will be binding unless appealed to the Board of Managers.
- 1501.3** The League Commissioner will entertain protests for scheduled SDL games only.
- 1501.4** Protests involving playoff games will be handled under 1105 of the Sac-Joaquin Section CIF Bylaws.
- 1501.5** In the event a protest is considered by any coach the following procedure must be followed:
- 1501.5.1** The Coach will inform the official and give the reason for his/her protest at the time the dispute occurs. Protests must be filed and recorded prior to the next action which starts play following the incident bringing about the protest.
- 1501.5.2** The Coach will write up the protest incident and present it to his/her Principal.
- 1501.5.3** The official of the contest will also writ up and send to the League Commissioner the information regarding the incident causing the protest. This must be done within 24 hours following the game or contest.
- 1501.5.4** All protests are to **come through the Principal** of the school making the protest. These protests must be made in writing and sent to the League Commissioner within two (2) school days following the game or contest. Copies of the protest must be sent to the League President and the Commissioner of Officials.
- 1501.5.5** No protests of officials' judgment shall be entertained by the League Commissioner.
- 1501.5.6** The league Commissioner will render judgment on rule interpretations after reading the supporting information as presented by the Principal of the school lodging the protest and the official assigned to the game or contest.
- 1501.5.7** The rule as interpreted by the League Commissioner can be appealed to the Board of Managers of the League at a meeting called by the President. The League President shall preside over the meeting and vote only in the case of a tie. A simple majority of the Board of Managers will constitute a quorum. If the President's school is involved in the protest the Vice-President

shall be the chairperson. If he/she is involved in the protest the remaining members of the Board of Mangers shall elect a Chairperson. Schools involved in the protest shall be disqualified from voting in the appeals process.

1501.5.8 Protest appeals to the League President shall be sustained or lost by a simple majority vote.

1501.5.8.1 The League President shall be allowed to conduct a phone vote if he/she so desires.

1501.5.9 Members of the Board of Managers may appoint proxies to represent their school for voting purposes only.

ARTICLE XVI
APPELLATE PROCEDURE-EJECTION

Section 1600 Appellate Procedure for Violation of Sac-Joaquin Section Bylaws 302.3 and 302.4.

- 1601** This procedure applies to any paler appealing the one contest suspension resulting from an ejection or for leaving the confines of the bench or team area during a fight that has broken out and to any head or assistant coach ejected from a contest.
- 1602** A written appeal from the Head Coach of the team involved must first be made to the Principal. If the Principal is not available to make a decision within the required time frame an appeal may be made to the specified designee(s) identified in writing at the beginning of each school year by each school Principal.
- 1602.1** This list with two designees shall be submitted to all coaches at a school, the League Commissioner, and the League President.
- 1602.2** If the Principal is not available to make a decision within the required time frame an appeal may be made to the next designee on the list.
- 1602.3** If the Principal or designees are not available or able to make a decision to appeal to the League Commissioner the decision of the official stands and the one contest ejection must be enforced.
- 1602.4** **Special Circumstances – Compact Time Frame:** In cases where a compact time frame exists due to participation in a tournament or similar circumstances, the Principal or designee may request the League Commissioner to postpone the one contest suspension for one contest only pending a decision based on the appeal, but only if there is compelling evidence for the appeal. If the League Commissioner or designee cannot be reached within the compact time frame the Principal or designee may make a decision to postpone the one contest suspension for one contest only pending a decision based on the appeal, but only if compelling evidence exists.
- 1602.5** If a decision regarding an appeal or to postpone the one contest suspension for one contest only is not possible or cannot be made prior to the next contest, the decision of the contest official stands and a one contest suspension must be enforced.
- 1603** A written appeal including the basis for the appeal must be made to the Principal or designee by the deadline established. **All appeals must come through the Head Coach of the team involved.**
- 1603.1** The appeal must be made before 12 noon on the next school day when at least two school days precede the next contest.
- 1603.2** The appeal must be made before 12 noon on the next school day when only one school day precedes the next contest.
- 1603.3** The appeal must be made as soon as possible after a contest if the next contest is the same day or prior to the next school day.

- 1604** If a decision on an appeal to the League Commissioner is not possible within the time frame established by the League the League Commissioner or designee can authorize an extension of deadlines and delay the suspension pending a decision.
- 1605** If the Principal or designee decides not to support the appeal, the appeal is ended and it cannot be advanced to the League Commissioner.
- 1606** If the Principal or designee supports the appeal it goes to the League Commissioner or designee for resolution within the time frame established by CIF and the League.
- 1606.1** The League Commissioner is encouraged to consult with school administrators, contest officials, and CIF officials as deemed appropriate to render a fair decision.
- 1606.2** The time frame for resolution of an appeal may be determined by the length of time preceding the next contest. Every effort will be made to decide an appeal as early as possible prior to the next contest whether league or Non-League.
- 1607** Materials permitted for consideration of an appeal may include:
- 1607.1** Videos and/or sound recordings
- 1607.2** Written statements of witnesses including coaches, contest officials, other school or game personnel, and the ejected player or coach.
- 1607.3** Oral statements from any witness other than an ejected player or coach (subject to being recorded for playback and study).
- 1607.4** Oral or written statements from the Principal or Designee.
- 1607.5** CIF and League Constitution, Bylaws, and policies.
- 1608** The League encourages an open line of communication between the Principals, League Commissioners and designees to develop a fair and consistent treatment of all parties and to provide for the safety of players, game personnel and fans at athletic contests.
- 1609** Any incidents that occur either directly before a contest begins or directly after it ends are subject to school discipline and are not subject to Sections 302.3 and 302.4 of the CIF Sac-Joaquin Bylaws.

ARTICLE XVII
BYLAW AMENDMENT

- Section 1700** The Bylaws may be amended at any meeting of the Board of Managers by a majority of the members present.
- 1701** The procedures for making an amendment are as follows:
- 1701.1** Submit the proposed amendment in writing to the League Commissioner prior to the meeting date.
- 1701.2** In order for an item from a sports committee to be considered it must be a consensus of the majority of the coaches of that sport.
- 1702** The order in which a bylaw amendment will be acted on is as follows:
- 1702.1** The amendment shall be introduced at the first meeting under new business.
- 1702.2** The amendment shall be voted on at the second meeting under old business.
- 1703** The effective date for bylaws to go into effect shall be July 1 following adoption of the amendment unless a motion carries a specific implementation date.
- 1703.1** Changes proposed by spring sports will be introduced at the last meeting of the year. Such amendments will be voted on at the fall meeting and will go into effect immediately if agreed on by the Board of Managers.
- 1703.2** Proposals from the Fall Gathering will be studied and acted on based on their urgency.
- 1704** The minutes of every Board of Managers meeting are a legal part of these Bylaws.
- 1705** The League Commissioner shall be responsible for keeping an up to date copy of the Constitution and Bylaws.

ARTICLE XVIII
SPORT REGULATIONS – GENERAL

Section 1800 Sports Committees

1800.1 The coaches shall select the Chairperson for each sport.

1800.2 The Principal or his/her designee of the home school of the Chairperson shall serve as a non-voting member of the Committee.

1800.3 An Administrator is required to be present at all committee meetings.

1801 Game Supervision

1801.1 There must be an Administrator other than the head coach present throughout the entire contest at all SDL home and away football games, all home boy's and girl's basketball games, and all Friday night away boy's basketball games. Administrators are not required to be in attendance at away girl's basketball games unless needed or requested by home schools.

1801.1.1 The host Administrator shall introduce himself/herself to the visiting coach, administrator or designee and officials at home football and basketball contests. The host Administrator will provide assistance as needed. Visiting Administrator or designee shall let host school know if no visiting Administrator or designee will be in attendance before the game. Staff supervising the event shall be noted to visiting Administrators.

1802 Host School Responsibilities

1802.1 Provide adequate supervision and police protection for athletes, officials and spectators.

1802.2 Provide contest facilities in good playing condition and with all safety hazards removed.

1802.3 Provide proper dressing facilities for visiting teams and officials. Some place for privacy shall be provided which shall allow the visiting coach an opportunity to instruct his/her players.

1802.4 Provide someone to open and secure dressing facility.

1802.5 Provide qualified people to assist in all phases of the athletic contest. This will include chain crew, announcers, scorers, timers, etc. Refer to each individual sport for specific needs.

1803 Visiting School Responsibilities

1802.6 Dressing facilities are to be left in the same relative conditions as found.

1802.7 When teams are occupying the dressing facility they must be supervised by a coach. If the coach is of the opposite gender he or she must inspect the dressing facility before and after team use.

1802.8 If the visiting team finds something amiss in the dressing facility prior to use they must report it to the host school immediately.

1802.9 The visiting team must see that the dressing facility is secure whenever the team leaves the facility.

1802.10 If vandalism occurs to the dressing facility during the contest the visiting school will be held responsible.

- 1804** Half Time Football
- 1804.1** Half time shall be given to the home school which shall be responsible for any half time activity. The home school may allow some time for visitors to perform.
- 1805** Towels and Personal Belongings
- 1805.1** Visiting schools shall furnish their own towels and shall provide for security of their personal belongings and items of value.
- 1806** Timing Devices
- 1806.1** When an electrical timing device is used in sports contests an auxiliary timing device must be at hand.
- 1807** Governance
- 1807.1** Sierra Delta League athletic contests shall be governed by the current Constitution and Bylaws of the State CIF, CIF Sac-Joaquin Section, and the Sierra Delta League.
- 1808** Sportsmanship
- 1808.1** **Noisemakers** at ALL indoor events are prohibited. Non-mechanical handheld devices (small cow bells and thunder sticks) are allowed at outdoor events excluding baseball and softball. Whistles, air-horns and other air-powered or mechanically powered devices are prohibited at ALL events.
- 1808.2** Host schools can display **banners and/or flags** at home contests only. The flags may be used only on the home team sideline by the home school. Banners may be displayed on the home sideline by the home school. Visiting schools may not bring and/or display banners or flags.
- 1808.3** **Bands and Sound Systems**
- 1803.3.1** Bands and sound systems are the sole responsibility of home schools. Visiting teams may bring school bands and sound equipment provided they receive prior administrative approval from the home school Principal or designee.
- 1803.3.2** Bands are not allowed to play during the course of the actual contest. In the sport of football the band may play during timeouts, halftime or in between plays. In the sport of basketball the band may play during timeouts, at the end of each quarter or during halftime.
- 1803.3.3** It is the responsibility of the site Administrator to make sure the above stated regulations are enforced.
- 1803.3.4** The game officials may stop a game and seek help from the site Administrators if they believe the regulations are not being enforced.

ARTICLE XIX
SPORTS CHAIRPERSONS

- Section 1900** General Outline of Duties of Chairperson for All Sports Committees
- 1900.1** Send out important League information to member schools and League Commissioner.
 - 1900.2** **Receive game results for all levels from sport head coach. Send the League Commissioner a full report of week’s results by Friday evening (football by Monday).**
 - 1900.3** **Meetings of all coaches of a sport shall be called by the Chairperson for that sport as needed. Generally all sports shall meet at the “Fall Gathering” each year.**
 - 1900.4** Meetings are to be held at a site selected by the Chairperson.
 - 1900.5** Maintain adequate minutes of committee meetings and send to the League Commissioner within three days of the meeting. Send copies to each member school.
 - 1900.6** Transmit requests for changes in League Bylaws and Sports regulations to the League Commissioner for action by the Board of Managers.
 - 1900.7** Prepare ballots and other materials for the selection of All League teams and transmit results to the League Commissioner for action by the Board of Managers.
 - 1900.8** Assure that an election of a Chairperson is held every two years.
 - 1900.9** Be responsible for assembling information and reporting winners, League Champions, All League Teams, etc to the League Commissioner in a timely fashion.
 - 1900.10** Assist host school in putting on a League Tournament or Meet.
 - 1900.11** Attend all Sac-Joaquin Section meetings called for that sport.
- 1901** Specific meetings for each sport are as follows:

<u>SPORT</u>	<u>BUSINESS MEETING</u>	<u>ALL LEAGUE SELECTION</u>
Baseball	“Fall Gathering” or as needed	Date on League Schedule
Basketball	“Fall Gathering” or as needed	Date on League Schedule
Cross Country	“Fall gathering” or as needed	League Meet
Football	“Fall Gathering” or as needed	Date on League Schedule
Golf	“Fall Gathering” or as needed	Second League Tournament
Soccer	“Fall Gathering” or as needed	Date on League Schedule
Softball	“Fall Gathering” or as needed	Date on League Schedule
Swimming	“Fall Gathering” or as needed	League Meet
Team Tennis	“Fall Gathering” or as needed	League Tournament
Track and Field	“Fall Gathering” or as needed	League Meet
Volleyball	“Fall Gathering” or as needed	Date on League Schedule
Wrestling	“Fall Gathering” or as needed	League Tournament

- 1902 Sports Representatives Job Descriptions and Duties**
- 1902.1 Attend and chair the annual meeting of the sport. Establish an agenda and submit minutes to the Commissioner.**
 - 1902.2 Collect contact information (email and phone numbers) from all coaches in the League for the sport and disseminate information to all coaches.**
 - 1902.3 Conduct All League Selection Meetings at the end of the season following the SDL Bylaws. Report the results to the Commissioner.**
 - 1902.4 Collect and report weekly results of League games/contests to the Commissioner via email.**
 - 1902.5 Attend Section meetings as required.**
- 1903 Sports With Specific Duties**
- Baseball: Compile League statistics if desired by coaches.**
 - Cross Country: Arrange for location of League Meet.
Be responsible for printing and mailing all materials concerning League Cross Country business.**
 - Golf: Arrange for location of League Tournaments.**
 - Team Tennis: Arrange for location of League Tournament.**
 - Track and Field: Initiate procedure for collecting League Track records.
Arrange for location of League Meet.**
 - Wrestling: Arrange for location of League Tournament.**

ARTICLE XX
SPORTSMANSHIP AWARD
(NOT IN USE AT PRESENT TIME)

Section 2000 Criteria

- 2000.1** Schools must be full time members of the Sierra Delta League.
- 2000.2** Overall sportsmanship by student athletes before, during and after League athletic contests will be considered.
- 2000.3** Overall sportsmanship by coaches before, during and after League athletic contests will be considered.
- 2000.4** Preparation of host school of guest locker room will be considered.
- 2000.5** Preparation of host school facility or field will be considered.
- 2000.6** Preparation for security before, during and after League athletic contests will be considered.
- 2000.7** Crowd control by host school will be considered.
- 2000.8** Hospitality by host school will be considered.
- 2000.9** Clean up of bench areas and locker room at host site by visiting school personnel will be considered.

2001 Procedures

- 2001.1** The Principal or Activity Director at each school shall call a meeting of all Head Varsity Coaches and Cheerleading Advisor/Coach of his/her school during the week following the last League contest for that season of sport. Three meetings one following each League season (Fall, Winter, and Spring) will occur. During these meetings discussion concerning the above criteria and the ranking of the schools for the season will occur and a vote will occur as a group.
- 2001.2** Voting Criteria
 - 2001.2.1** Voting will be done during the week following the last League contest for each sport season.
 - 2001.2.2** Coaches may not vote for their own school.
 - 2001.2.3** Coaches must vote for three schools who they feel best meet the Sportsmanship Criteria.
 - 2001.2.4** Points Awarded
 - School of first choice 3 points
 - School of second choice 2 points
 - School of third choice 1 point
- 2001.3** The Principal or his/her designee of each school shall forward all results to the League Commissioner no later than Thursday of the week following the last League contest of the season.
- 2001.4** The League Commissioner will be in charge of compiling and recording the votes.
- 2001.5** The school receiving the most points after all schools have forwarded their results for each season of sport will receive the Sportsmanship Award for that school year.

- 2001.5.1** The award will be presented at the Spring Board of Managers meeting
- 2001.6** Ties will not be broken and duplicate awards shall be given. NOTE: this process will be reviewed annually at the first Board of Managers meeting of the following year.

SPORT BYLAWS

ARTICLE XXX BASEBALL

- Section 3000** League schools shall follow the rule book on complete games. A tie game that is called after five innings shall count as one half loss for each team unless it has some bearing on the League Championship and Section playoffs. A tie game that must be completed shall be resumed from the point of the last completed inning. NOTE: If the tie game occurs in the first half of play the game will be resumed when the two teams meet in the second half of play. The tie game shall be completed before the second game is played. Games occurring in the second half shall be rescheduled following Bylaw 3001.
- 3001** Postponed Games: During the first half and the team makes a bus trip and the game is rained out the game will be made up during the second half of play as a part of a double header. If the team does not make a bus trip then the game will be made up on the next available school date. Rescheduled games are to be arranged between the two Principals or his/her designee. All games must be completed prior to the last scheduled League game or the final reporting date to the Section whichever comes first.
- 3002** All Varsity games will be played. Junior Varsity games will be made up only if the game has an effect on the Championship.
- 3003** Night games may be played by mutual agreement.
- 3004** Only balls with the National Federation authentication mark shall be used.
- 3005** Pre-game warm-up for visiting team shall consist of the last fifteen (15) minutes before game time. This fifteen (15) minutes shall be used at the coaches' discretion.
- 3006** **No pre-game batting practice by either team is allowed on game day. This includes use of a pitching machine, batting ball into a cage, backstop, fence, etc. Teams may hit or pitch balls into portable nets (Bow Net) via soft toss or off a tee. During the pre-game warm-up "Pepper" or soft toss with a "Whiffle" or "Titus" ball will be allowed. The ball may be tossed, pitched, or hit into the field or portable fence. Whiffle balls pitched by a machine will not be allowed. BALL NOT TO BE HIT INTO FENCES.**

ARTICLE XXXI
BASKETBALL

- Section 3100** The game ball at all SDL games will be the same width seam as the ball used in the Section Playoffs.
- 3100.1** Only balls with the National Federation authentication mark shall be used.
- 3100.2** The home team shall provide the game ball.
- 3100.3** In girl's basketball the home team shall provide the warm up balls for both teams.
- 3101** A qualified timer and a qualified official scorer shall be provided by the home school. The official scorer must be an adult.
- 3102** Home schools are responsible for the maintenance and safety of the court.
- 3103** Game rosters shall be sent to League schools prior to the League season. Roster should have name, jersey number, year in school and height of players.
- 3104** No horns, whistles, blocks, or noise making instruments shall be allowed in the gymnasium during basketball contests.
- 3105** During games a maximum of seven (7) cheerleaders may be on the floor at one time. There are no restrictions for pre-game or half-time activities. Home schools are to establish areas for cheerleaders.
- 3106** The home team may have a "Pep" Band.
- 3107** Home teams shall provide a school employee to greet visitors, show them to the locker room and inform teams of dressing and shower facilities. All schools shall provide their own towels.
- 3108** Other than written League rules CIF Sac-Joaquin Section Rules and Regulations shall be in effect.
- 3109** Basketball games may be scheduled on a Saturday by mutual consent of participating schools.
- 3110** Eight minute quarters shall be played at all levels.
- 3111** All Postponed games shall be rescheduled by mutual agreement of the two Principals involved or his/her designee. All games must be completed prior to the last scheduled League game or the final reporting date to the Section whichever comes first.
- 3112** Teams for the Section Playoffs shall be selected according to Section guidelines.

ARTICLE XXXII
CROSS COUNTRY

- Section 3200** Approved ranges of distances for the Section’s six classifications are:
- 3200.1** Boy’s Varsity 2.75 to 3 miles (5k)
 - 3200.2** Boy’s Junior Varsity 2.75 to 3 miles (5k)
 - 3200.3** Boy’s Sophomores 1.75 to 2.30 miles
 - 3200.4** Boy’s Freshmen 1.75 to 2.30 miles
 - 3200.5** Girl’s Varsity 2.75 to 3 miles (5k)
 - 3200.6** Girl’s Junior Varsity 1.75 to 2.30 miles
- 3201** A team shall consist of seven (7) runners. Scoring is based on the first five runners of each team. Seven runners indicate that five runners score and two runners displace.
- 3202** The movement of athletes from classification to classification is the jurisdiction of each League for its dual meet season and its League meet. After an athlete has run in a classification in the Sub-section meet in any race for any reason, he/she cannot race in a lower classification in the Section meet.
- 3203** In order to promote the sport each class shall be unlimited as to the number of competitors from each school.
- 3204** In dual meets the host coach is to notify visiting schools by letter one week in advance of classes to be run as well as starting times, course maps, and distances to be run. No race shall start before the previously announced time without at least 48 hours notice.
- 3205** Sites for the Center Meets shall be rotated so that schools that have facilities may host meets. Generally the host school for the Center Meet will host the League Meet the following year.
- 3206** Jury of Appeals:
- 3206.1** League coaches and the Meet Director shall comprise the Jury of Appeals.
 - 3206.2** The Jury of Appeals shall:
 - 3206.2.1** Be the highest authority on the course to receive and decide any protest but not to overrule decisions of the referees or judges unless it shall find that a distinct mistake has been made.
 - 3206.2.2** Decide all questions relating to the actual conduct of the meet, the final settlement of which is not found in the rules.
 - 3206.2.3** Consider the layout of the course and see if it meets specifications established by the League Commissioner before the meet was held. All courses must meet the guidelines established in the Sac-Joaquin Section cross Country Handbook.
 - 3206.2.4** Make sure the League policies for running the meet are followed.
- 3207** Athletes from other schools may compete in SDL meets but shall not count in the scoring of the meet.
- 3208** In order to count in team scoring a school must have at least five (5) athletes finish the course. The next two (2) athletes can displace another schools top five (5) athletes. If less than five (5) athletes compete they may represent their school and they shall be considered as “individuals” for the purpose of team scoring.
- 3209** Consult the Sac-Joaquin Section Cross Country Handbook and/or CIF Constitution and Bylaws for all other rules and regulations.

ARTICLE XXXIII
FOOTBALL

- Section 3300** Five officials shall be used for all League games. Less than five may be used in Freshman games.
- 3301** The home team shall wear colored jerseys and pants. The visiting team shall wear light or contrasting jerseys and pants. This can be changed by mutual consent.
- 3302** The League recommends the following numbering system:
- Ends 80's
 - Tackles 70's
 - Guards 60's
 - Centers 50's
 - Halfbacks 20's and 40's
 - Fullbacks 30's
 - Quarterbacks 10's
- 3303** There shall be a qualified adult timer to work Varsity and Junior Varsity games.
- 3304** If the scoreboard clock is not used for official time the score shall be kept on the field by one of the officials. Both of the teams and coaches can then be kept abreast of the time. If one of the officials is not the timekeeper then a representative from each school shall work together to keep time on the field.
- 3305** The half time shall be in accordance with the CIF Sac-Joaquin Section rules. Homecoming ceremonies may be extended by five (5) minutes.
- 3306** If Spring Practice is held it shall be under the following guidelines:
- 3306.1** Start after May 31.
 - 3306.2** Spring Practice will be conducted under the guidelines set forth in CIF Section Bylaws 511.5, 1903.1, 1903.2, and 1903.3. The Sac-Joaquin Section will be "dark" from June 1 until the "Dead Period" date for fall sports. All athletic activities during this time period shall be under the authority of each League and/or school district.
 - 3306.3** If Spring Practice is held the following shall apply:
 - 3306.1** Spring Practice may be held ten (10) consecutive days.
 - 3306.2** Helmets, shoes, shirts and shorts will be allowed.
 - 3306.3** Football insurance coverage will be required.
- 3307** All schools shall send a roster of players to all League schools one week prior to the opening of League season. The roster shall include the number, name, year in school, height, weight and position.
- 3308** Freshman games shall be ten (10) minute quarters.
- 3309** Fields shall be marked correctly in chalk or paint.
- 3310** Varsity coaches shall exchange two quality films/tapes. These film/tapes will be of games played two weeks prior to the exchange. The exchange is to take place on the Saturday of the week prior to the game to be played. The exchange can take place earlier if both coaches agree. Junior varsity or Frosh coaches will exchange one or more quality film(s)/tape(s). If this is not done at the same time as the Varsity exchange it is up to the Junior Varsity or Frosh coaches to put the exchange into effect.

- 3311** Each school shall provide at least a minimum of two (2) spaces on equal levels at each home field press box if this facility is available.
- 3312** The home team shall provide a school employee to greet the visiting teams, show them to the locker rooms, and inform the team of dressing and shower facilities.
- 3313** The home team shall provide a chalkboard and chalk for half time use provided the game is played on their school site.
- 3314** Varsity and Junior Varsity teams are limited to ten (10) contests.
- 3315** The home school band shall be allowed thirteen (13) minutes of uninterrupted performance time during the half time period. Football team members shall remain off the field during this time interval.
- 3316** For games played in inclement weather the home team shall provide enough footballs to assure the use of a dry ball on each play.
- 3317** It is strongly recommended that the game ball be of the same type seam as used in the Section Playoffs.
- 3317.1** Only balls with the National Federation authentication mark shall be used.
- 3318** Interrupted Games: If a game is interrupted by a so called “Act of God” the following will hold forth:
- 3318.1** The game will be terminated at the point of interruption by mutual consent of the teams involved. If this is not agreeable then:
- 3318.2** Friday games are to be played the next day (Saturday).
- 3318.3** Saturday games are to be played the following Monday or at a time mutually agreed upon by the Principals or his/her designees of the schools involved.
- 3318.4** Interrupted games are to be resumed at the point of interruption.

ARTICLE XXXIV
GOLF

- Section 3400** The Varsity team shall consist of six players. The best five scorers of the six players from each school will constitute each team's score in that match.
- 3401** Matches shall be conducted on a dual match basis. If it is necessary to hold a triangular match it shall be scored as two dual matches.
- 3402** Matches are to be scored as medal play. The winning team will be the team with the lowest number of strokes.
- 3403** Team lineups are to be arranged at the coaches' discretion. It is recommended that the number one players from each team play together, number twos play together, etc.
- 3404** Matches are to be played in foursomes.
- 3405** All dual matches shall play nine (9) holes. When this is not feasible opposing coaches will decide the number of holes that will constitute a match.
- 3406** Scores are to be kept by the home school players.
- 3407** Scorer must verify each player's score at the completion of each hole.
- 3408** The scorecard must be signed by the score immediately following the completion of the match and attested his opponent.
- 3409** Players are required to play by the Rules of Golf as laid down by the United States Golf Association and those qualifications set by the home team's golf course or as agreed upon by the opposing coaches before the match commences.
- 3410** Golf courtesy, custom and etiquette must be adhered to at all times.
- 3411** Unsportsmanlike conduct will not be condoned. Throwing of clubs in any manner or use of profane language will result in a two (2) stroke penalty for each act with possible disqualification from the match.
- 3412** The official League ball will be a professional line ball.
- 3413** The League champion is determined by a combination of dual and League Tournament schedule.
- 3413.1** If a match should end in a tie the 6th player will be used to break the tie. If tie still occurs revert to #1 handicap hole with #1 players, then #2 players, etc.
- 3414** Make up matches will be agreed upon by the Principals of the schools involved or their designee.
- 3414.1** If a match is postponed because of inclement weather or any other reason and cannot be made up prior to the second League Tournament, the first 9 holes during the Tournament will be used to determine the dual match winner.
- 3415** Coaches are to notify the Chairperson of match results and individual results after each League match.
- 3416** Advancement to Divisional Playoffs:
- 3416.1** Qualify teams and individuals as per Section Bylaws Article 20, Section 2000.3.
- 3416.2** Students from League schools not fielding golf teams may qualify for advancement to the Divisional Playoffs as follows:
- 3416.2.1** Player must play in two League Tournaments.

- 3416.2.2** Player must place in the group of individual players who qualify for advancement.
- 3416.2.3** Under no circumstance would a qualifying golfer from regular season play be displaced. The individual golfer(s) would be in addition to those qualifying during the regular season of play.
- 3416.2.4** Those independent golfers qualifying under this provision would be allowed to advance to the Divisional Playoffs under a Section Commissioner's exemption.

ARTICLE XXXV
SOCCER

- Section 3500** The season of sport for Boy’s Soccer shall be in the fall.
- 3501** The season of sport for Girl’s Soccer shall be in the spring.
- 3502** A girl cannot play on both the fall soccer team and the spring soccer team during the same year.
- 3503** Advancement to the Playoffs will follow the guidelines set forth by the Section.
- 3504** The signing of scorecards will follow the guidelines set forth by the Section.
- 3505** Soccer uniforms shall be in compliance with the National Federation Rules.
- 3506** Soccer shall be played under National Federation Rules and ARTICLE 24 of the Sac-Joaquin Section Bylaws.
- 3507** Only balls with the National Federation authentication mark shall be used.

ARTICLE XXXVI
SOFTBALL

- Section 3600** There shall be a sixteen inning maximum at the Varsity level. A two hour time limit shall be placed on all Junior Varsity games.
- 3600.1** In the two hour time limit for Junior Varsity games no new inning shall begin after the stated time limit. The current inning in progress shall be completed. An inning starts on at the third out of the completed inning.
- 3601** A game ends when after five (5) innings of a seven (7) inning game a team is behind by ten (10) runs and has completed its turn at bat. This applies to all levels of play.
- 3602** Postponed games: During the first half and the team makes a bus trip the game will be made up during the second half as part of a double header. If the team did not make a bus trip then the game will be made up on the next available date. Rescheduled games are to be arranged between the two Principals or their designees involved. All games must be completed prior to the last scheduled League game or the final reporting date to the Section whichever comes first.
- 3603** No pre-game batting practice by either team is allowed on game day. This includes use of a pitching machine, batting ball into a cage, backstop, fence, etc. During the pre-game warm-up “Pepper” or soft toss with a “Whiffle” or “Titus” ball will be allowed. The ball may be tossed, pitched, or hit into the field or portable fence. Whiffle balls pitched by a machine will not be allowed. **BALL NOT TO BE HIT INTO FENCES.**
- 3604** The home team shall provide the Official Scorekeeper and arrange for the Umpires.
- 3604.1** In the event an Umpire fails to report for an assignment the two remaining Umpires shall be divided between the Varsity and Junior Varsity games.
- 3605** CIF Sac-Joaquin Section Rules Article 25 shall govern the game.
- 3606** A tie game that is called after five (5) innings shall count as a one half game loss for each team unless it has some bearing on the League Championship and Section Playoffs. A tie game must be resumed at the point where the game was suspended. If the tie occurs in the first round of games it will be resumed at the scheduled second round meeting of the two schools. If the tie occurs in the second round of play Section 3602 will be followed.
- 3607** Only balls with the National Federation authentication mark shall be used.
- 3608** Advancement to the Section Playoffs shall be according to Section guidelines under Article 25.

ARTICLE XXXVII
SWIMMING

- Section 3700** The CIF Sac-Joaquin Section Handbook and Article 26 shall act as a guide to this sport. All swimming and diving will be conducted under National Federation Rules. Competition will consist of Boy's Varsity and Junior Varsity and Girl's Varsity and Junior Varsity.
- 3701** The League Championship will be determined by the win-loss record in dual meet competition and the League Championship. One point shall be awarded for each dual meet win (point to be split in case of tie). One point shall be awarded for each team placed ahead of in the League meet. There will be a Boy's Varsity, Boy's Junior Varsity, Girl's Varsity, and Girl's Junior varsity division championship.
- 3702** Girls will compete in the Girl's division only.
- 3703** The movement of swimmers from one level to another shall be governed by Section Bylaw 301.4.
- 3704** In non-league meets swimmers will be governed by Section Bylaws 301.2 and 301.4.
- 3705** Individual swimmers will advance to Sections by times which meet CIF standards.
- 3706** The order of events shall be Girl's Junior Varsity, Boy's Junior Varsity, Girl's varsity, and Boy's Varsity.
- 3707** Events: 200 medley relay, 200 free style, 200 individual medley, 50 free style, 100 butterfly, 100 free style, 500 free style, 200 free style relay, 100 backstroke, 100 breaststroke, and 400 free style relay.
- 3708** The first day of practice may begin no earlier than February 10 of that year.
- 3709** A swim team will be permitted no more than twelve (12) contacts with CIF schools during the season excluding post-season competition. A contact is defined as a meeting of two (2) or more CIF schools and includes scrimmages and interscholastic contests.
- 3710** Any athlete must have had a minimum of ten (10) full practices to participate in a contest. If an athlete joins a team after competing in a previous sport that athlete must have had five (5) full practices to participate in a contest.

COACHES ARE TO BECOME FAMILIAR WITH:

ARTICLE 26
SWIMMING AND DIVING
SAC-JOQUIN CONSTITUTION AND BYLAWS
(PAGES 90-92)

ARTICLE XXXVIII
TENNIS

- Section 3800** Rules governing play shall be in accordance with CIF rules. The hosting school shall have available a current book of rules. USTA Rules of Tennis as written in “The Code” shall be followed for match play.
- 3800.1** There shall be nine (9) matches: two (2) boy’s singles, two (2) girl’s singles, two (2) boy’s doubles, two (2) girl’s doubles, and one (1) mixed doubles.
- 3800.1.1** No-ad scoring shall be used in singles matches.
- 3800.1.2** All doubles matches shall be scored as ten (10) game pro sets, tie breaker at nine (9) all.
- 3800.1.3** Mixed doubles may be played by #3 or lower boy or girl on the ladder.
- 3800.2** Doubling up singles players to play doubles shall not be permitted in League play.
- 3800.2.1** Upon completion of the League Singles Tournament players who did not qualify in singles will allowed to participate in doubles.
- 3800.3** The tennis schedule shall follow the double round robin softball schedule.
- 3800.4** Tennis matches shall start one half hour prior to the softball starting time.
- 3800.5** The individual winners shall be those who win two out of three sets except in an emergency (weather, time, darkness, etc.) when agreed upon by the coaches involved.
- 3800.6** A set when tied 6-6 shall be terminated by a twelve (12) point tie breaker.
- 3800.7** Matches other than the official 5-4 shall be considered exhibition matches.
- 3800.8** In the case of a forfeit of an individual match a team would have to move the entire ladder up to fill the forfeited spot. The team would have to forfeit #2 doubles (boy’s or girl’s) followed by #1 doubles.
- 3801** Each coach shall have his/her lineups listed on paper and exchange the list with the other coach prior to starting the match.
- 3802** The host school shall furnish new USTA approved game balls which shall be returned to the host school after play.
- 3803** Coaches and players cannot coach players on the court from the sidelines, ask questions as to the score, or interrupt once play has started.
- 3803.1** Coaching will be allowed during changeovers as per USTA rules. A maximum of ninety (90) seconds will be allowed to coach a player during changeovers. Changeover refers to the time when the total score is odd, i.e. if the score is 3-2 during a set the coach may talk to his/her player for a maximum of ninety (90) seconds.
- 3803.2** Coaching may take place between the first and second sets and between the second and third sets. This coaching time shall be a maximum of three minutes between each set.
- 3803.3** Exhibition matches may be interrupted for coaching purposes.
- 3804** Injury or sickness which causes more than a five (5) minute delay in play will result in a forfeiture by the injured or sick player.

- 3805** If ground rules are necessary because of court conditions they shall be set up by the host school prior to the start of the matches and shall remain the same for all matches played on those courts during the season.
- 3806** The players shall call their own game as to “Faults, Ins and Outs”. If an opponent “foot faults” or makes a bad call the player should politely advise him/her of this and ask that the problem be corrected. If necessary the player may request a line judge.
- 3807** League schedules shall be completed for each Tennis Season and forwarded to other coaches or visiting teams. All postponed matches shall be rescheduled by mutual consent of the two Principals involved or his/her designee. All matches must be completed prior to the last scheduled League match or the final reporting date to the Section whichever comes first.
- 3808** Each school shall submit a team ladder to each coach and the League Commissioner prior to the start of League play. Each coach and the Commissioner shall be notified if changes in the ladder are made.
- 3808.1** There shall be no stacking of the lineup. The exchange list prior to each match shall reflect the singles and doubles playing ability of the competitors.
- 3808.2** If stacking is suspected a formal protest may be filed with the Sport Chairperson and the League Commissioner for action by the Board of Managers.. If stacking has occurred forfeiture of the match shall result.
- 3809** Seeding of singles and doubles players in the SDL Tournament will be done at the discretion of the coaches. The SDL Tournament will follow USTA Draw and Play Rules.
- 3809.1** SDL Tournament Format:
- 3809.1.1** Singles and doubles tournaments will occur on separate days.
- 3809.1.2** Each school shall be represented by four (4) singles players, two (2) boys and two (2) girls to compete in the League Singles Championship. The first and second place players will qualify for the Section Championship.
- 3809.1.3** Upon completion of the Singles Tournament the League will then hold the Doubles Tournament on a different day. Players who do not qualify in singles will be allowed to participate in doubles.
- 3809.1.4** If the winning players are unable to compete the results of the SDL Tournament shall determine who represents the League.
- 3810** A maximum of fifteen (15) minutes shall be permitted for warm-up before matches.
- 3811** Awards shall be as approved by the SDL Board of Managers.
- 3812** Failure to follow any of the League rules shall result in forfeiture of league matches concerned.

ARTICLE XXXIX
TRACK AND FIELD

- Section 3900** All rules and regulations related to field conditions, pits, and competition as outlined by the CIF and National Federation will be followed except when amended by the SDL to satisfy League preference.
- 3900.1** Any situation not covered by the SDL, CIF, or National Federation shall be resolved by the coaches with the approval of the Board of Managers.
- 3901** The track Chairperson shall be responsible for printing and disseminating all material concerning League track business.
- 3902** Schedules will be adopted following a dual or center meet schedule as determined by the SDL Board of Managers.
- 3903** The schedule shall allow for a makeup meet one week prior to the League Meet.
- 3904** If more than two schools meet then the meet shall be scored as a multi-team meet between all schools involved, unless the League Schedule is set up as dual meets.
- 3905** Each school hosting a meet shall provide a certified starter. The starter must be an adult.
- 3906** League Meet
- 3906.1** The League Meet shall be held one week prior to the Divisional Meet.
- 3906.2** Each school will be provided with a Sierra Delta League Track and Field Championship Format to follow in preparation for the League Finals as prepared by the Meet Director.
- 3906.3** Each school is required to provide assistance at the meet. Each school's area of responsibility will be determined at the Winter meeting.
- 3906.4** All head coaches **MUST** submit their entries to the Meet Director by 12:00PM the Friday before the League Meet. All entries must include first and last names, grade level, events and times/distance. This shall also hold true for the relays. If athletes are not entered by this time they may not be able to compete at the League meet.
- 3906.4.1** There is no limit as to the number of entrants a school may have in each event.
- 3906.4.2** Each athlete is limited to four events including the relays.
- 3906.4.3** Once the seeding has been completed no additions, substitutions or changes may occur unless an error was made by the seeding committee.
- 3906.4.4** An athlete is eligible to compete in the League meet only if that person has competed in at least two (2) League dual/center meets. Double dual scored meets will constitute one League dual meet.
- 3906.5** **Once the seeding has been completed, no additions, substitutions, or changes may occur unless an error was made by the Meet Director while inputting information into the Hytek Meet Management computer program. Once the entries have been submitted only updates will be allowed after the entry deadline date up to 12:00PM the Monday before the League Meet. Failure to meet deadlines or incomplete entry**

information may result in an athlete not being entered. The Meet Director will fax or email entry information to each school to review and make corrections/updates as appropriate.

3907 Moving up and down of athletes

3907.1 Once an athlete moves from Junior Varsity to Varsity for a League meet the athlete must compete at the Varsity level for the remainder of the dual/center meet season. The athlete may compete at either level, but not both, at the League Championship Meet.

3908 All actions of the Track and Field Committee are subject to the approval of the Board of Managers.

ARTICLE XXXX
VOLLEYBALL

- Section 4000** Only balls with the National Federation authentication mark will be used as game balls
- 4001** The home team shall provide the official scorekeeper. Each team shall provide two (2) linepersons at opposite corners.
- 4002** All schools are to use basketball scoreboards. No flip cards shall be used.
- 4003** Rally scoring shall be used for all contests at the Varsity level. All games shall be played to twenty-five (25) points except the fifth and deciding game which shall be played to fifteen (15) points. The winner of a Varsity Volleyball match is the team that wins three (3) out of five (5) games. Rally scoring shall be used for all sub-varsity contests. All games shall be played to twenty-five (25) points except the third and deciding game played to fifteen (15) points. The winner of a sub-varsity match is the team that wins two (2) out of three (3) games.
- 4004** All League schools shall send a roster of players to the other League schools one week prior to the opening game of the League season.
- 4005** No horns, whistles, blocks, or other noise making instruments shall be allowed in the gymnasium during a volleyball match.
- 4006** Home teams shall provide a school employee to greet visitors, show teams to the locker room, and inform the visiting team of dressing and shower facilities.
- 4007** Game Day Warm-up Procedures:
- 4007.1** There shall be a maximum of twenty-five (25) minutes between matches.
- 4007.2** There shall be a twenty (20) minute warm-up period. This warm-up period shall be broken down into four parts: (7-5-5-3)
- 4007.2.1** Five (5) minutes shared court time
- 4007.2.2** Six (6) minutes serving team court time (includes serving)
- 4007.2.3** Six (6) minutes receiving team court time (includes serving)
- 4007.2.4** Three (3) minutes
- 4007.2.5** Match play
- 4007.3** It is the home team's responsibility to have warm-up for the first scheduled game begin twenty-five (25) minutes prior to the start time regardless if officials are there or not.
- 4007.4** If sub-varsity teams are unable to conduct coin toss due to tardiness of officials the visiting team shall take the court during the first five (5) minute period.
- 4007.5** Coin toss for the Varsity match shall take place immediately following the conclusion of the sub-varsity match.
- 4007.6** The clock shall not be started for warm-up until the coin toss is completed.
- 4007.7** There shall be two (2) officials at all League matches.
- 4008** Playoff advancement shall be according to CIF Sac-Joaquin Section guidelines.

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ARTICLE XXXXI
WRESTLING

- Section 4100** All schools wrestling in the SDL shall wrestle in the weight classes set forth by the CIF Sac-Joaquin Section: (103, 114, 119, 125, 130, 135, 140, 145, 152, 160, 173, 189, 215, and 275).
- 4101** The weight control program as set forth by the Sac-Joaquin Section shall be followed.
- 4102** Match time/Weigh-in: Mid-week matches shall start at 6:00 PM. Weigh-in shall be held one hour prior to starting time.
- 4103** Chairs for participants and coaches shall be at least ten (10) feet from the mat area.
- 4104** Faculty members or other qualified persons shall be used as timers and scores.
- 4105** Abusive and unsportsmanlike conduct on the part of the coaches, participants and crowd shall constitute reason for removal from the premises by an official.
- 4106** Uniforms shall be in conformance with National and State rules.
- 4107** Dual matches at the JV level shall be on an exhibition type basis following CIF rules. Coaches shall wrestle their number one wrestler at each weight class at the Varsity level.
- 4108** The school hosting the League Tournament shall budget for the Tournament expenditures. The proposed budget shall be presented to the Board of Managers at their January meeting for approval.
- 4109** Each team is allowed one (1) person in each of the approved weight classes for the League Qualifying Tournament.
- 4110** All schools shall have their scales sealed by the Department of weights and Measures prior to the start of the wrestling season.
- 4111** The League Tournament shall be rotated among League schools.
- 4112** Consult the CIF Rule Book for questions not covered under these Bylaws.
- 4113** Postpones matches: See Article X, Section 1002.
- 4114** The League Tournament shall be held on Saturday of the week prior to the Section Playoffs. Exact time for the weigh-in and matches is to be set by the host school.
- 4114.1** If permission is granted to hold the League Tournament on Friday it shall start no earlier than 3:00 PM.
- 4115** The Wrestling Chairperson's school is responsible for printing and disseminating all materials concerning League wrestling business.
- 4116** Freshmen, Sophomores, Juniors, and Seniors will be allowed to wrestle on the JV team.
- 4117** All Tournaments shall be conducted according to CIF rules in regards to eliminations.
- 4118** The criteria for seeding a wrestler at the League Tournament shall follow the CIF Rule Book.

ARTICLE XXXXII
INTRA-LEAGUE COUNCIL

PREAMBLE: We the schools of the Sierra Delta League (SDL) in an effort to promote relationships and healthy competition between our schools do hereby ordain and establish this Constitution as our governing document.

Section 4200 **NAME**

4200.1 This organization shall be known as the Sierra Delta League (SDL) Intra-League Council.

4201 **MEMBERSHIP**

4201.1 All member schools of the GEL shall be members of the SDL Intra-League Council and are entitled to full rights and privileges of such membership.

4202 **COUNCIL OFFICERS**

4202.1 The Board of Directors shall consist of no more than four (4) representatives from each member school. There shall be one representative from each of the following groups; Student Council, Cheerleaders, Athletics, and one under class person selected by each member school.

4202.2 Executive officers will include a Chairperson, a Co-Chairperson, a recording Secretary, and a Treasurer. These officers shall be assigned on a rotating basis according to school. The Chairperson shall be from the school that is #1 in the rotation, the Co-Chairperson from the school that is #2, the Recording Secretary from the school that is #3, and the Treasurer from the school that is #4. Each year the rotation shall move up one position and the school that was #1 shall move to the bottom of the list.

4202.3 The Activity Directors shall examine and establish the rotation schedule annually to reflect changes in member schools and/or Activity Directors to insure a smooth continuance of operation.

4202.4 The duties of the Chairperson shall be:

4202.4.1 To chair the Board of Directors Meetings

4202.4.2 To chair the Executive Cabinet Meetings

4202.5 The duties of the Co-Chairperson shall be:

4202.5.1 To assist the Chairperson

4202.5.2 To assume the duties of the Chairperson in his/her absence

4202.5.3 To act as the Program Chairperson

4202.5.4 To be responsible for managing the Constitution keeping it current.

4202.6 The duties of the Recording Secretary shall be:

4202.6.1 To keep a written record of all Council business

4202.6.2 To distribute minutes to all member schools within seven (7) school days. NOTE: A copy of minutes is to be sent to the League Commissioner for inclusion in the Board of Managers packet.

4202.7 The duties of the Treasurer shall be:

4202.7.1 To be responsible for the development of the annual budget

4202.7.2 To keep accurate records of all income and expenditures

4202.7.3 To give a financial report at each meeting
4202.8 Advisor

4202.8.1 The SDL Intra-League Council shall have an advisor who is currently serving as a Student Activity Director at the Chairperson's school.

4202.8.2 The Intra-League Council Advisor shall represent the Intra-League Council at the League Board of Managers Meetings.

4203 **QUALIFICATIONS FOR OFFICE AND TERM OF OFFICE**

4203.1 Each Council Board member and officer must have a minimum 2.0 GPA in order to be eligible for selection and must maintain that GPA while in office.

4203.2 The term of office shall be for one year, June 1 to May 31.

4204 **MEETINGS**

4204.1 A minimum of three (3) Board of Directors meetings per year will be held.

4204.2 Special meetings may be called as deemed necessary by the Chairperson and the Advisor.

4204.3 Each school has one (1) vote.

4204.4 A meeting quorum is 50% plus one of the member schools.

4204.5 Final authority on questions of procedure shall be **Roberts Rules of Order**.

4205 **REMOVAL FROM OFFICE**

4205.1 An executive officer's or Board of Manager's neglect of duty may be cause for removal from office. This can happen only after the individual has been made aware there is a problem and that the individual make the appropriate correction and/or improvement needed within a time period agreed upon by the individual and the Advisor. If the correction/improvement does not take place within the agreed upon time then the individual may be removed by a 2/3 vote of the Board of Directors.

4206 **AMENDMENTS**

4206.1 To amend the Constitution a 2/3 vote of the Board of Directors is required.

4206.2 Proposed amendments to this Constitution and Bylaws must be put in writing and submitted to the Co-Chairperson at least fourteen (14) calendar days prior to the next meeting.

4207 **COUNCIL BYLAWS**

4207.1 Welcome signs, spirit posters and yells:

4207.1.1 Welcome signs are optional for all SDL schools

4207.1.2 Welcome signs, spirit posters and yells cannot be personalized (i.e. directed at officials, coaches or fans), must be positive, and must be within the boundaries of good sportsmanship and common decency.

4207.1.3 Spirit signs and banners should not be hung or displayed without clearance by the Athletic Director, Activities Director, or Administrator in charge of the home school.

ARTICLE XXXXIII
SPORTS RULE AMENDMENTS

- Section 4300** Proposed Sports Rule Amendments may be submitted at any meeting of the Board of Managers.
- 4301** In order for a proposed Sports Rule Amendment to be considered by the Board of Managers it must be the consensus of the majority of the head coaches of that sports committee.
- 4302** Procedure:
- 4302.1** Committee meets and agrees on proposed change.
 - 4302.2** Committee submits the proposed change to the League Commissioner with the following information:
 - 4302.2.1** Present wording of the section to be changed.
 - 4302.2.2** Proposed new wording.
 - 4302.2.3** Rationale for change.
 - 4302.3** Proposed change must be in the hands of the Commissioner at least one week prior to the Board of Managers meeting so that it can be included in the agenda for the next meeting.
 - 4302.4** The proposed change will be introduced at the first meeting as new business.
 - 4302.5** The proposed change will be voted on at the second meeting as old business.
 - 4302.6** The effective date if the change is approved will be July 1 following adoption.
 - 4302.6.1** The proposed change can carry a specific implementation date if the Committee feels that it is urgent.
 - 4302.7** Changes proposed by the Spring sports will be introduced at the Spring meeting, voted on at the fall meeting, and will go into effect immediately.
 - 4302.8** Proposals from the “Fall Gathering” will be studied and acted on based on their urgency.

